

THE COMPASSIONATE FRIENDS
 Post Office Box 583 Taylors, South Carolina 29687
 (864) 288-9820
www.tcfogreenvillesc.org

Monthly Meeting

January 12, 2006

Always the second Thursday of the month

Topic:

“Healing Your Grieving Heart”

100 practical ideas based upon Dr. Alan Wolfelt’s book by that title. Please join us for this important opportunity to offer and receive support, encouragement and hope.

Facilitated by:

Norm Raiford
 (Schuyler’s Papa)

Meeting Time & Location

7:30 P.M.

Pelham Rd. Baptist Church,
 Family Life Center
 1108 Pelham Rd., Greenville, SC

We acknowledge “Love Gifts” with appreciation in memory of:

- **Rachel Marie Schmidt** ~ by Hilari Pugliese
- **Eric D. White** ~ by Carolyn White
- **John R. Johnson III** ~ by Virginia S. Johnson
- **Michael Page** ~ by Roger and Sandra Page
- **Tim Malone** ~ by Frank and Jean Malone
- **Charlie Bellinger** ~ by Pete and Mary Bellinger
- **Austin Garrett Shealy** ~ by Julie Shealy
- **Cory Alexander King** ~ by Mark and Diane King
- **Matt House** ~ by Jack and Beverly House
- **Chad A. Withered** ~ by Dennis and Janet Withered
- **Josh Pritchett** ~ by Joel, Marie and Ali Pritchett
- **Jason S. Warlick** ~ Max and Mary Warlick

- **Jeremy Owens** ~ by Jean Owens
- **Deborah Jolly** ~ by Jean Owens
- **Cindy Esterl** ~ by Rhoda Crosby
- **Damon Asa Leonard** ~ by Allan and Marion Leonard
- **James A. Cox** ~ by Michael and Kathleen Cox
- **John Taylor Sinnett** ~ by John, Dorothy and Rae Sinnett
- **Tommy Strange, Jr.** ~ by Tommy and Sara Strange
- **John Baron Howell** ~ by Baron and Lori Howell
- **Robert Joel Howell** ~ by Baron and Lori Howell
- **Timothy R. Gilbert** ~ by Betty S. Hilley
- **Christopher Lea McLaughlin** ~ by Nancy Mixon McLaughlin
- **James Howard** ~ by Gale Howard
- **Christopher Howard** ~ by Gale Howard
- **Greg Lackey** ~ by Judy Lackey
- **Justin Hix** ~ by Tim and Theresa Childs
- **Olivia Skye Moser** ~ by Jason, Audrey and Tori Moser
- **Courtland Good** ~ by Chantel Reynolds
- **Robert Ewing** ~ by Caroline Ewing
- **William Scott West** ~ by Bill and Helen West
- **Rachel Marie Schmidt** ~ by George and Jill Schmidt
- **Tracy Whaley** ~ by Georgia Whaley
- **EJ Gonzales** ~ by Denise Gonzalez
- **Kim Grimsley Dacus** ~ by Shirley Herd
- **Rachel Marie Schmidt** ~ by Carol Lee and Joseph Kantor
- **Jeremy Brooks** ~ by Martha and Jacob Brooks
- **Charlie Guthrie** ~ by Randy and Lisa Guthrie

THANK YOU



New Year’s Wish



I wish you gentle days and quiet nights. I wish you memories to keep you strong. I wish you time to smile and time for song. And then I wish you friends to give you love, when you are hurt and lost and life is blind. I wish you friends and love and peace of mind.

By Sascha Wagner



New Year Goals

The holidays are over and I bet you’re glad about that. You did make it through, and by now maybe some of the stress of that powerful time has left you. Next year you will find you learned from this year, no matter how many years it has been, and I hope it will be easier for you, too. In the years ahead, if you made New Year’s resolutions, I hope they included:

- ♦ To try and take it one day at a time;
- ♦ To forgive yourself for whatever it is you feel you did wrong;
- ♦ To figure out ways to resolve your anger so you can let go of it;
- ♦ To concentrate on and value what you have left as much as what you have lost;
- ♦ To risk reinvestment in life;
- ♦ To let those you value know how important they are to you.

These are important steps forward. Try to be good to yourself in the New Year.

By TCF, Long Beach, CA

Our children were, still are, and always will be part of who we are and what we do today, tomorrow and forever.

Ken Pinch ~ TCF, Canada

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The January newsletter is dedicated to the memory of Rachel Marie Schmidt who would have been 13 years old on January 1st.

Our Children Remembered:

Cory Alexander – 12/14/83 ~ 1/2/94
Charlie Bellinger – 1/21/79 ~ 5/22/93
Brandon Berryman – 1/13/84 ~ 4/19/04
Jimmy Burns – 1/5/83 ~ 4/4/96
Nicholas Camerato – 7/1/87 ~ 1/12/96
Jon Carpenter – 1/31/76 ~ 2/9/02
Rivers Chandler – 1/22/91 ~ 3/6/00
Trent M. Chapman – 1/10/80 ~ 6/27/94
Mark Chappell – 10/8/84 ~ 1/9/2004
Jill Dunlap – 9/24/67 ~ 1/29/86
Christopher Ellison – 9/25/78 ~ 1/13/04
Clint Garrett – 9/10/01 ~ 1/17/02
Karen Hayden – 10/17/69 ~ 1/19/04
Billy Hinson – 1/10/65 ~ 6/21/02
Justin Hix – 1/9/81 ~ 7/19/03
“TJ” Johnson – 1/26/77 ~ 3/23/97
Jeremy McIntyre – 7/20/72 ~ 1/13/99
Mark Medina – 1/17/58 ~ 3/24/92
Ricky O’Brien – 10/4/62 ~ 1/10/87
Kayla Pitts – 4/6/91 ~ 1/12/03
Derrick Pond – 1/16/80 ~ 10/31/02
Keith Poole – 6/2/59 ~ 1/19/98
Matt Renner – 9/21/72 ~ 1/13/01
Tommy Runion – 5/19/80 ~ 1/17/99
Rachel Schmidt – 1/1/93 ~ 10/25/96
Monica Sinclair – 1/10/95 ~ 8/27/00
Holly Stephens – 4/11/85 ~ 1/2/04
Tracy Whaley – 1/9/63 ~ 2/27/70
Lucia White – 5/4/79 ~ 1/29/95

A special “**Thank You**” to Gale Howard for donating the beautiful hand-made cards for our chapter to send to bereaved families.

A Candle for Rachel Marie

We light a candle for your birthday today, You would have been thirteen.....It’s been nine years since the accident took you away. We love you and think of you each and every day.

We light a candle for your energetic wiggles, and for your adorable giggles. We light a candle for your precious ways, and for loving us throughout your days.

We light a candle for your ballerina grace, and for your beautiful smiling face. We light a candle for your laughing brown eyes, and for your inquisitive questions of “how” and “why”.

We light a candle to celebrate, honor and remember you. We light a candle for our never-ending love for you too. We light a candle for you, our sweet, and beloved, Rachel Marie.....



Rachel Marie

You are our shining light. You will forever glow in our hearts. Glow little light. Glow into the night. Glow as an eternal flame, forever remembering your name. Glow as your memory remains in our hearts forever.

Love,
Mommy, Daddy, big brother Josh, and Haley

The following song was submitted by Theresa Childs in memory of her son Justin Hix.

“Who You’d Be Today”
Written by Bill Luther/Amiee Mayo
Sung by Kenny Chesney

Sunny days seem to hurt the most
I wear the pain like a heavy coat
I feel you everywhere I go

I see your smile, I see your face
I hear you laughing in the rain
I still can't believe you're gone

It’s not fair - you died too young
Like a story that had just begun
But death tore the pages all away

God knows how I miss you
All the pain that I've been through
Just knowing no one could take your place... Sometimes I wonder
Who you'd be today

Would you see the world
Would you chase your dreams
Settle down with a family
I wonder what would you name your babies

Some days the sky's so blue
I feel like I can talk to you
I know it might sound crazy

Sunny days seem to hurt the most
I wear the pain like a heavy coat
The only thing that gives me hope
Is I know, I'll see you again someday

